12 week course fees	For further information		
25 minute lesson (junior): £84 (non member £96)	If you're unsure of your child's ability, just contact our courses team to discuss.		
55 minute lesson (junior): £114 (non member £132)	Free recreational swimming for all children booked on to our courses		
Survive and Save (junior 2 hours): £144 (non member £156)	at either of our centres when accompanied by a paying adult during the current course dates		
5 week course fees	Please contact:		
121 £117.50 (non member £135) Currently operating a waiting list	Queen's Park Sports Centre Boythorpe Road, Chesterfield S40 2ND Tel: 01246 345555		
	The Healthy Living Centre		
Direct Debit payments	Barlow Road, Staveley S43 3XR Tel: 01246 345666		
25 minute lesson: £29.17 (non member £33.33)	Email: Courses- enquiries@chesterfield.gov.uk		
55 minute lesson (junior): £39.58 (non member £45.83)	For further information about all our swimming lessons please visit our website at:		
Survive and Save (junior 2 hours): £50 (non member £54.17)	www.chesterfield.gov.uk/ swimlessons		

Healthy Living Centre Learn to Swim

Swimming Lesson Timetable

April 2025

Rookie Lifeguard classes held here.

The course is great fun – Based around water safety you learn how to keep yourself safe if you fall into water but also how to perform rescues to save others too. You also get to learn bits around first aid and CPR.









Day	Time	Class	Teacher	Day	Time	Class
Monday	3:45pm	Stage 1	Linda	Wednesday	4:00pm	Stage 1
	3:45pm	Stage 2	Rebecca Y		4:15pm	Stage 4
	3:45pm	Stage 3	Rebecca L		4:15pm	Stage 2
	4:15pm	Stage 2	Linda		4:30pm	Stage 3
	4:15pm	Stage 4	Rebecca Y		4:45pm	Stage 5
	4:15pm	Stage 4	Rebecca L		4:45pm	Stage 2
	4:45pm	Stage 3	Linda		5:00pm	Stage 5
	4:45pm	Stage 2	Rebecca Y		5:15pm	Stage 2
	4:45pm	Stage 5	Rebecca L		5:15pm	Stage 4
	5:15pm	Stage 1	Linda		5:30pm	Stage 6
	5:15pm	Stage 5	Rebecca Y		5:45pm	Stage 6
	5:15pm	Stage 3	Rebecca L		5:45pm	Stage 8-10
	5:45pm	Stage 3	Linda		6:15pm	Stage 6
	5:45pm	Stage 2	Rebecca Y			
	5:45pm	Stage 4	Rebecca L	Day	Time	Class
	6:15pm	Stage 7	Linda	Thursday	4:00pm	Autism Intro/Stage 1
	6:15pm	Stage 6	Rebecca Y		4:00pm	Autism Stage 2
	6:15pm	Stage 6	Rebecca L		4:30pm	Autism Stage 4/5
ay	Time	Class	Teacher		4:30pm	Autism 3/4
uesday	3:45pm	Stage 3	Rebecca L		4:30pm	Autism Parent
	4:00pm	Stage 2	Linda			Participation
	4:15pm	Stage 5	Rebecca L		5:00pm	Stage 3
	4:15pm	Stage 2	Kerry		5:00pm	Stage 5
	4:30pm	Stage 1	Linda		5:00pm	Stage 3
	4:45pm	Stage 3	Rebecca L		5:00pm	Stage 5
	4:45pm	Stage 5	Kerry		5:30pm	Stage 3
	5:00pm	Stage 2	Linda		5:30pm	Stage 4
	5:15pm	Stage 4	Kerry		5:30pm	Stage 1
	5:15pm	Stage 3	Rebecca L		5:30pm	Stage 2
	5:45pm	Stage 4	Linda		6:00pm	Stage 6
	5:45pm	Stage 6	Rebecca L		6:00pm	Stage 7
	6:00pm	Rookie 2	Kerry		6:00pm	Rookie 2
	6:15pm	Rookie 1	Rebecca L		6:30pm	Rookie 1
					6:30pm	Stage 6

Day	Time	Class	Teacher
Saturday	8:45am	Stage 5	Rebecca C
	8:45am	Stage 2	Rebecca L
	8:45am	Stage 3	Joshua
	9:15am	Stage 2	Linda
	9:15am	Stage 1	Rebecca C
	9:15am	Stage 4	Joshua
	9:45am	Stage 4	Rebecca L
	9:45am	Stage 3	Joshua
	10:15am	Stage 1	Joshua
	10:15am	Stage 3	Linda
	10:15am	Stage 2	Rebecca C
	10:15am	Stage 5	Rebecca L
	10:45am	Stage 4	Rebecca L
	10:45am	Stage 1	Joshua
	10:45am	Stage 2	Rebecca C
	11:15am	Stage 3	Rebecca L
	11:45am	Stage 2	Rebecca L
	11.45am	Stage 3	Rebecca C

Teacher

Rebecca L

Heather H

Rebecca L

Heather H

Rebecca L Amy M

Rebecca L

Heather H Rebecca L

Teacher

Rebecca L

Rebecca L

Rebecca L

Heather H

Rebecca L

Heather H

Rebecca L

Graham

Kerry Rebecca L

Graham

Graham

Graham

Kerry

Kerry

Kerry

Kerry

Kerry

Amy M

Amy M

Amy M Holly