

## 12 week course fees

**25 minute lesson (junior):**  
£84 (non member £90)

**55 minute lesson (junior):**  
£114 (non member £126)

**Survive and Save (junior 2 hours):**  
£138 (non member £150)

## For further information

If you're unsure of your child's ability, just contact our courses team to discuss.

Free recreational swimming for all children booked on to our courses at either of our centres when accompanied by a paying adult during the current course dates

## 5 week course fees

121  
£117.50 (non member £132.50)

Currently operating a waiting list

## Please contact:

**Queen's Park Sports Centre**  
Boythorpe Road, Chesterfield  
S40 2ND  
Tel: 01246 345555

**The Healthy Living Centre**  
Barlow Road, Staveley S43 3XR  
Tel: 01246 345666

**Email:** Courses-enquiries@chesterfield.gov.uk

For further information about all our swimming lessons please visit our website at:

[www.chesterfield.gov.uk/swimlessons](http://www.chesterfield.gov.uk/swimlessons)

## Direct Debit payments

**25 minute lesson:**  
£29.17 (non member £31.25)

**55 minute lesson (junior):**  
£39.58 (non member £43.75)

**Survive and Save (junior 2 hours):**  
£47.92 (non member £52.08)

Rookie Lifeguard classes held here!

The course is great fun – Based around water safety you learn how to keep yourself safe if you fall into water but also how to perform rescues to save others too. You also get to learn bits around first aid and CPR.


**ROOKIE  
LIFEGUARD**

# Healthy Living Centre Learn to Swim

## Swimming Lesson Timetable

### April 2024



 **Swim  
England**

 **CHESTERFIELD  
BOROUGH COUNCIL**

 **ROYAL  
LIFE SAVING  
SOCIETY UK**

Day	Time	Class	Teacher
Monday	3:45pm	Stage 1	Linda
	3:45pm	Stage 3	Rebecca Y
	4:00pm	Stage 2	Rebecca L
	4:15pm	Stage 2	Linda
	4:15pm	Stage 4	Rebecca Y
	4:30pm	Stage 4	Rebecca L
	4:45pm	Stage 3	Linda
	4:45pm	Stage 2	Rebecca Y
	5:00pm	Stage 5	Rebecca L
	5:15pm	Stage 3	Linda
	5:15pm	Stage 5	Rebecca Y
	5:30pm	Stage 1	Rebecca L
	5:45pm	Stage 3	Linda
	5:45pm	Stage 2	Rebecca Y
	6:15pm	Stage 7	Linda
	6:15pm	Stage 6	Rebecca Y
	6:15pm	Stage 6	Rebecca L

Day	Time	Class	Teacher
Wednesday	4:00pm	Stage 1	Amy M
	4:00pm	Stage 3	Rebecca C
	4:15pm	Stroke Technique Breaststroke/Butterfly	Rebecca L
	4:15pm	Stage 2	Heather H
	4:30pm	Stage 3	Amy M
	4:30pm	Stage 4	Rebecca C
	4:45pm	Stage 5	Rebecca L
	4:45pm	Stage 2	Heather H
	5:00pm	Stage 5	Amy M
	5:00pm	Stage 3	Rebecca C
	5:15pm	Stage 2	Rebecca L
	5:15pm	Stage 4	Heather H
	5:30pm	Stage 6	Amy M
	5:45pm	Stage 6	Rebecca L
	5:45pm	Stage 8-10	Heather H
	6:00pm	Stage 7	Amy M
	6:15pm	Stage 7	Rebecca L

Day	Time	Class	Teacher
Saturday	8:15am	Stage 2	Rebecca C
	8:45am	Stage 5	Rebecca C
	8:45am	Stage 2	Rebecca L
	8:45am	Stage 3	Joshua
	9:15am	Stage 2	Linda
	9:15am	Stage 1	Rebecca C
	9:15am	Stage 5	Joshua
	9:45am	Stage 4	Rebecca C
	9:45am	Stage 3	Joshua
	10:15am	Stage 1	Joshua
	10:15am	Stage 3	Linda
	10:15am	Stage 2	Rebecca C
	10:15am	Stage 5	Rebecca L
	10:45am	Stage 4	Rebecca L
10:45am	Stage 1	Joshua	
10:45am	Stage 2	Rebecca C	
11:15am	Stage 3	Linda	
11:45am	Stage 2	Linda	
11.45am	Stage 3	Rebecca C	

Day	Time	Class	Teacher
Tuesday	3:45pm	Stage 3	Rebecca L
	4:00pm	Stage 2	Linda
	4:15pm	Stage 4	Rebecca L
	4:15pm	Stage 2	Kerry
	4:15pm	Stage 5	Megan
	4:30pm	Stage 1	Linda
	4:45pm	Stage 2	Rebecca L
	4:45pm	Stage 3	Megan
	4:45pm	Stage 5	Kerry
	5:00pm	Stage 2	Linda
	5:15pm	Stage 3	Megan
	5:15pm	Stage 4	Kerry
	5:15pm	Stage 4	Rebecca L
	5:45pm	Stage 1	Megan
	5:45pm	Stage 4	Linda
	6:00pm	Rookie 2	Kerry
	6:15pm	Rookie 1	Megan

Day	Time	Class	Teacher
Thursday	4:00pm	Autism Intro/Stage 1	Kerry
	4:00pm	Autism Stage 2	Rebecca L
	4:30pm	Autism Stage 4/5	Kerry
	4:30pm	Autism 3/4	Rebecca L
	4:30pm	Autism Parent Participation	Graham
	5:00pm	Stage 3	Kerry
	5:00pm	Stage 5	Rebecca L
	5:00pm	Stage 3	Graham
	5:00pm	Stage 5	Heather H
	5:30pm	Stage 3	Kerry
	5:30pm	Stage 4	Rebecca L
	5:30pm	Stage 1	Graham
	5:30pm	Stage 2	Heather H
	6:00pm	Stage 6	Kerry
	6:00pm	Stage 7	Rebecca L
	6:00pm	Rookie 2	Graham
	6:30pm	Rookie 1	Kerry
	6:30pm	Stage 6	Rebecca L