

Queen's Park Sports Centre Gym

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
Monday		Family Fitness						Health Referral Session				Junior Gym					
Tuesday		Family Fitness										Junior Gym					
Wednesday		Family Fitness						Health Referral Session				Junior Gym					
Thursday		Family Fitness										Junior Gym					
Friday		Family Fitness						Health Referral Session				Junior Gym					
Saturday				Family Fitness													
Sunday				Family Fitness													

- Member of the gym team available
- Gym will be unmanned at these times - contact reception for assistance
- Junior Gym
- Family Fitness
- Health Referral Session

For more information on our centre and activities please visit www.chesterfield.gov.uk/leisure

