

## Queen's Park Sports Centre - Small Pool Programme Summer Holidays 28 July to 31 August 2025

Programme may be subject to change at short notice.

		08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Monday	1						Swimming Lessons		Step removal	Staff Training	Swimming Lessons		Stroke Clinic	Step inserted
	2		Aquacise	Adult Lessons	Swimming Lessons	Moving in Water		General 1/2 Pool			Swimming Lessons			
	3													
Tuesday	1			Swimming Lessons		Depth change	Aqua Aerobics	Depth change	Splash Session	Step removal		Swimming Lessons		Aqua Natal Aquacise
	2			General 1/2 Pool	Holiday Activities									
	3													
Wednesday	1			Swimming Lessons		Depth change	Aqua Aerobics	Depth change		Step removal		Swimming Lessons		Adult Lessons Step inserted
	2			General 1/2 Pool					General					
	3													
Thursday	1			Swimming Lessons		Depth change	Aqua Aerobics	Depth change		Step removal		Swimming Lessons		Step inserted
	2			General 1/2 Pool	Holiday Activities				General					
	3													
Friday	1						General 1/2 Pool		Splash Session	Step removal		Swimming Lessons		
	2			General										
	3						Swimming Lessons							
Saturday	1					Step inserted		General			Party Hire			
	2			Swimming Lessons										
	3													
Sunday	1					Step inserted		General Swimming			Party Hire			
	2			Swimming Lessons										
	3													

### Our admissions policy:

Children under the age of 8 years old must be actively\* accompanied into the changing rooms and swimming pools by a responsible adult over the age of 16 years.

The ratio of parent supervision for all children under eight should be 1:2. This ratio can be increased to 1:3 for the small pool and the main pool up to 1.2m water depth when a third non-swimmer child wears approved flotation aids carrying the CEN mark.

\*Be within arms reach and able to provide immediate assistance.



1:2

Parent supervision ratio for children under eight should be 1:2

1:3

The ration can be increased when a third non-swimmer child wears approved flotation aids, e.g. armbands with CEN mark.

Aqua based fitness classes: Aquacise, Aquanatal and Moving in Water suitable for all needs and abilities

General/Family Swimming, (0.9m depth unless stated) suitable for all and ideal for family fun sessions

Party Hire: Have a splashing fun time when you hire out our pool for your child's birthday parties. Main Pool inflatable parties also available

Staff training: Pool closed for essential staff training exercises

Splash Session: fun family session aimed at those with young children. Session must be booked in advance

Swimming lessons: Available from 3 months old up to adults, contact courses-enquiries@chesterfield.gov.uk for more information

For more information on our centre and activities please visit  
www.chesterfield.gov.uk/leisure

