

Queen's Park Sports Centre - Small Pool Programme 16 to 22 February 2026

Programme may be subject to change at short notice.

	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Monday	1												
	2	Aquacise	Adult Lessons		Moving in Water		General 1/2 Pool		Step removal	Staff Training			Stroke Clinic
	3												Step inserted
Tuesday	1				Swimming Lessons								
	2				General 1/2 Pool			Depth change	Aqua Aerobics	General			Aqua Natal
	3							Depth change					Aquacise
Wednesday	1				Swimming Lessons			Depth change	Aqua Aerobics	Splash session			Adult Lessons
	2				General 1/2 Pool			Depth change					Step inserted
	3							Step removal					
Thursday	1				Swimming Lessons			Depth change	Aqua Aerobics	General			Step inserted
	2				General 1/2 Pool			Depth change					
	3							Step removal					
Friday	1							General 1/2 Pool					
	2				General				Step removal				
	3							Swimming Lessons					
Saturday	1				Swimming Lessons			Step inserted					
	2							General					
	3									Party Hire			
Sunday	1				Swimming Lessons			Step inserted					
	2							General Swimming					
	3									Party Hire			

Aqua based fitness classes: Aquacise, Aquanatal and Moving in Water suitable for all needs and abilities

General/Family Swimming, (0.9m depth unless stated) suitable for all and ideal for family fun sessions

Party Hire: Have a splashing fun time when you hire out our pool for your child's birthday parties. Main Pool inflatable parties also available

Staff training: Pool closed for essential staff training exercises

Splash Session: fun family session aimed at those with young children. Session must be booked in advance

Swimming lessons: Available from 3 months old up to adults, contact courses-enquiries@chesterfield.gov.uk for more information

Our admissions policy:

Children under the age of 8 years old must be actively* accompanied into the changing rooms and swimming pools by a responsible adult over the age of 16 years.

The ratio of parent supervision for all children under eight should be 1:2. This ratio can be increased to 1:3 for the small pool and the main pool up to 1.2m water depth when a third non-swimmer child wears approved flotation aids carrying the CEN mark.

*Be within arms reach and able to provide immediate assistance.



1:2



1:3

Parent supervision ratio for children under eight should be 1:2

The ratio can be increased when a third non-swimmer child wears approved flotation aids, e.g. armbands with CEN mark.



For more information on our centre and activities please visit
www.chesterfield.gov.uk/leisure



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