#### 12 week course fees

25 minute lesson (junior): £84 (non member £90)

55 minute lesson (junior): £114 (non member £126)

Survive and Save (junior 2 hours): £138 (non member £150)

#### 5 week course fees

121

£117.50 (non member £132.50)

Currently operating a waiting list

## Direct Debit payments

25 minute lesson:

£29.17 (non member £31.25)

55 minute lesson (junior): £39.58 (non member £43.75)

Survive and Save (junior 2 hours): £47.92 (non member £52.08)

### For further information

If you're unsure of your child's ability, just contact our courses team to discuss.

Free recreational swimming for all children booked on to our courses at either of our centres when accompanied by a paying adult during the current course dates

#### Please contact:

**Queen's Park Sports Centre** 

Boythorpe Road, Chesterfield S40 2ND

Tel: 01246 345555

The Healthy Living Centre

Barlow Road, Staveley S43 3XR Tel: 01246 345666

Email: Coursesenquiries@chesterfield.gov.uk

For further information about all our swimming lessons please visit our website at:

www.chesterfield.gov.uk/ swimlessons

#### Rookie Lifeguard classes held here!

The course is great fun – Based around water safety you learn how to keep yourself safe if you fall into water but also how to perform rescues to save others too. You also get to learn bits around first aid and CPR.



# Queen's Park Sports Centre

## Learn to Swim

**Swimming Lesson Timetable** 







Day	Time	Class	Teacher
Monday	4:00pm	Stage 1	Tracy
	4:00pm	Stage 2	Graham
	4:15pm	Stage 6	Heather H
	4:15pm	Stage 5	Ali
	4:15pm	Stage 4	Fiona
	4:30pm	Stage 1	Jill
	4:30pm	Stage 2	Tracy
	4:30pm	Stage 2	Graham
	4:45pm	Stage 4	Heather H
	4:45pm	Stage 6	Ali
	4:45pm	Stage 5	Fiona
	5:00pm	Stage 2	Jill
	5:00pm	Stage 1	Tracy
	5:00pm	Stage 2	Graham
	5:15pm	Rookie 1	Ali
	5:15pm	Stage 5	Heather H
	5:15pm	Stage 4	Fiona
	5:30pm	Stage 5	Tracy
	5:30pm	Stage 3	Jill
	5:30pm	Stage 3	Graham
	5:45pm	Stage 7	Ali
	5:45pm	Stage 4	Fiona
	5:45pm	Rookie 2	Heather H
	6:00pm	Stage 3	Graham
	6:00pm	Stage 4	Jill
	6:00pm	Stage 6	Tracy
	6:15pm	National Lifesaving Academy	Ali
	6:30pm	Rookie 2	Graham
	6:30pm	Stage 5	Tracy
	6:45pm	Stage 7	Heather H

Day	Time	Class	Teacher
Saturday	8:00am	Stage 2	Lexie
	8:30am	Stage 2	Graham
	8:30am	Stage 3	Lexie
	8:45am	Stage 8	Amy N
	8:45am	Stage 9/10	Heather H
	9:00am	Stage 1	Graham
	9:00am	Stage 2	Lexie
	9:30am	Stage 1	Heather W
	9:30am	Stage 1	Lexie
	9:45am	Stage 5	Amy N
	9:45am	Stage 7	Heather H
	10:00am	Stage 4	Graham
	10:00am	Stage 2	Lexie
	10:15am	Stage 5	Amy N
	10:15am	Stage 6	Heather H
	10:30am	Stage 4	Graham
	10:30am	Stage 3	Lexie
	10:45am	Stage 6	Amy N
	10:45am	Stage 5	Heather H
	11:00am	Stage 3	Graham
	11:15am	Stage 4	Heather H
	11:15am	Stage 6	Amy N
	11:30am	Stage 1	Lexie
	11:30am	Stage 2	Graham
	11:45am	Stage 4	Heather H
	11:45am	Stage 5	Amy N
	12:00pm	Stage 4	Lexie

Day	Time	Class	Teacher
Sunday	8:30am	Stage 2	Heather H
	9:00am	Stage 1	Isabella
	9:00am	Stage 1	Heather H
	9:30am	Stage 2	Heather H
	10:00am	Stage 3	Heather H
	10:30am	Stage 3	Heather H
	11:00am	Stage 1	Isabella
	11:00am	Stage 2	Heather H
	11:30am	Stage 2	Isabella
	11:30am	Stage 4	Heather H

Day	Time	Class	Teacher
Wednesday	4:00pm	Stage 6	Carl
	4:00pm	Stage 1	Graham
	4:00pm	Stage 2	Tracy
	4:00pm	Stage 3	Amy N
	4:15pm	Stage 4	Kerry
	4:15pm	Stage 5	Lexie
	4:30pm	Stage 7	Carl
	4:30pm	Stage 2	Tracy
	4:30pm	Stage 2	Graham
	4:45pm	Stage 5	Kerry
	4:45pm	Stage 4	Lexie
	5:00pm	Stage 6	Amy N
	5:00pm	Stage 3	Graham
	5:00pm	Stage 3	Tracy
	5:00pm	Stage 2	Carl
	5:15pm	Stage 5	Kerry
	5:15pm	Stage 4	Lexie
	5:30pm	Stage 7	Amy N
	5:30pm	Stage 1	Graham
	5:30pm	Stage 3	Tracy
	5:30pm	Stage 5	Carl
	5:45pm	Stage 6	Kerry
	6:00pm	Stage 9/10	Amy N
	6:00pm	Stage 1	Tracy
	6:00pm	Stage 3	Graham
	6:00pm	Stage 2	Carl
	6:15pm	Stage 8	Kerry

Day	Time	Class	Teacher
Thursday	3:45pm	Stage 1	Tracy
	3:45pm	Stage 3	Fiona
	4:00pm	Stage 4	Julie
	4:00pm	Stage 5	Isabella
	4:00pm	Stage 6	Dave
	4:15pm	Stage 2	Fiona
	4:15pm	Stage 3	Tracy
	4:30pm	Stage 6	Julie
	4:30pm	Stage 4	Isabella
	4:30pm	Stage 5	Dave
	4:45pm	Stage 3	Fiona
	4:45pm	Stage 2	Tracy
	5:00pm	Rookie 1	Julie
	5:00pm	Stage 4	Isabella
	5:00pm	Stage 5	Dave
	5:15pm	Stage 2	Fiona
	5:15pm	Stage 1	Tracy
	5:15pm	Stage 2	Lexie
	5:30pm	Stage 5	Julie
	5:30pm	Stage 4	Isabella
	5:30pm	Stage 7	Dave
	5:45pm	Stage 3	Tracy
	5:45pm	Stage 4	Lexie
	6:00pm	Stage 6	Julie
	6:00pm	Stage 7	Isabella
	6:15pm	Stage 4	Tracy
	6:15pm	Stage 3	Lexie
	6:45pm	Stage 5	Tracy

Day	Time	Class	Teacher
Friday	3:45pm	Stage 6	Heather H
	3:45pm	Stage 4	Lexie
	3:45pm	Stage 5	Kieran
	4:00pm	Stage 3	Amy N
	4:00pm	Stage 1	Graham
	4:00pm	Stage 2	Tracy
	4:15pm	Stage 4	Lexie
	4:15pm	Stage 5	Heather H
	4:15pm	Stage 6	Ali
	4:15pm	Stage 5	Kieran
	4:30pm	Stage 2	Amy N
	4:30pm	Stage 2	Graham
	4:30pm	Stage 1	Kerry
	4:45pm	Stage 7	Lexie
	4:45pm	Stage 5	Heather H
	4:45pm	Stage 4	Ali
	4:45pm	Stage 5	Kieran
	5:00pm	Stage 3	Amy N
	5:00pm	Stage 2	Graham
	5:00pm	Stage 2	Kerry
	5:15pm	Rookie 1	Lexie
	5:15pm	Stage 5	Heather H
	5:15pm	Stage 4	Ali
	5:15pm	Stage 6	Kieran
	5:30pm	Stage 3	Graham
	5:30pm	Stage 3	Kerry
	5:30pm	Stage 2	Tracy
	5:45pm	Stage 7	Heather H
	5:45pm	Rookie 2	Ali
	5:45pm	Stage 8	Kieran
	6:00pm	Stage 1	Amy N
	6:00pm	Stage 3	Graham
	6:00pm	Stage 3	Tracy
	6:15pm	Stage 7	Heather H
	6:30pm	Stage 4	Amy N
	6:30pm	Stage 4	Tracy
	7:00pm	Stage 5	Amy N

Day	Time	Class	Teacher
Tuesday	3:45pm	Stage 7	Jill
	3:45pm	Stage 2	Fiona
	3:45pm	Stage 2	Tracy
	4:00pm	Stage 4	Heather H
	4:00pm	Stage 5	Dave
	4:15pm	Stage 2	Tracy
	4:15pm	Stage 3	Fiona
	4:15pm	Stage 3	Jill
	4:30pm	Stage 5	Heather H
	4:30pm	Stage 4	Dave
	4:45pm	Stage 1	Tracy
	4:45pm	Stage 1	Fiona
	4:45pm	Stage 2	Jill
	5:00pm	Stage 5	Heather H
	5:00pm	Stage 4	Dave
	5:15pm	Stage 1	Fiona
	5:15pm	Stage 3	Jill
	5:15pm	Stage 2	Tracy
	5:30pm	Stage 7	Heather H
	5:30pm	Stage 6	Dave
	5:45pm	Stage 3	Fiona
	5:45pm	Stage 3	Jill
	5:45pm	Stage 2	Tracy
	6:00pm	Stage 9/10	Heather H
	6:00pm	Stage 8	Dave
	6:15pm	Stage 4	Fiona
	6:15pm	Stage 3	Tracy
	7:00pm	Stage 6	Heather H
	7:00pm	Stroke Technique Breaststroke/ Butterfly	Dave