

## Queen's Park Sports Centre - Small Pool Programme 27 July to 6 September 2026

Programme may be subject to change at short notice.

	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00		
<b>Monday</b>	1		Swimming Lessons						Step removal	Staff Training		Swimming Lessons	Stroke Clinic	Step inserted	
	2		Aquacise	Adult Lessons		Moving in Water		General 1/2 Pool				Swimming Lessons			
	3														
<b>Tuesday</b>	1			Swimming Lessons		Depth change	Aqua Aerobics	Depth change		General		Swimming Lessons		Aqua Natal	Aquacise
	2			General 1/2 Pool	Qualitas Holiday Activities										
	3														
<b>Wednesday</b>	1			Swimming Lessons		Depth change	Aqua Aerobics	Depth change		Splash session		Swimming Lessons		Adult Lessons	Step inserted
	2			General 1/2 Pool											
	3														
<b>Thursday</b>	1			Swimming Lessons		Depth change	Aqua Aerobics	Depth change		General		Swimming Lessons		Step inserted	
	2			General 1/2 Pool	Qualitas Holiday Activities										
	3														
<b>Friday</b>	1														
	2			General				General 1/2 Pool				Swimming Lessons			
	3							Swimming Lessons							
<b>Saturday</b>	1														
	2			Swimming Lessons								Party Hire			
	3														
<b>Sunday</b>	1														
	2			Swimming Lessons								Party Hire			
	3														

### Our admissions policy:

Children under the age of 8 years old must be actively\* accompanied into the changing rooms and swimming pools by a responsible adult over the age of 16 years.

The ratio of parent supervision for all children under eight should be 1:2. This ratio can be increased to 1:3 for the small pool and the main pool up to 1.2m water depth when a third non-swimmer child wears approved flotation aids carrying the CEN mark.

\*Be within arms reach and able to provide immediate assistance.



**1:2**

Parent supervision ratio for children under eight should be 1:2

**1:3**

The ration can be increased when a third non-swimmer child wears approved flotation aids, e.g. armbands with CEN mark.

**Aqua based fitness classes: Aquacise, Aquanatal and Moving in Water suitable for all needs and abilities**

**General/Family Swimming, (0.9m depth unless stated) suitable for all and ideal for family fun sessions**

**Party Hire: Have a splashing fun time when you hire out our pool for your child's birthday parties. Main Pool inflatable parties also available**

**Staff training: Pool closed for essential staff training exercises**

**Splash Session: fun family session aimed at those with young children. Session must be booked in advance**

**Swimming lessons: Available from 3 months old up to adults, contact courses-enquiries@chesterfield.gov.uk for more information**

**Qualitas: Holiday activities for children aged 4 to 12 years old**

For more information on our centre and activities please visit [www.chesterfield.gov.uk/leisure](http://www.chesterfield.gov.uk/leisure)

