Queen's Park Sports Centre - Small Pool Programme

Updated October 2026
Programme may be subject to change at short notice.

	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Monday		Aquacise	Swimming Lessons / Adult Lessons	Swimming Lessons / Moving in Water	Swimming Lessons	General 1/2 Pool	Qualitas	Step removal	Staff Training	Swimming Lessons	Swimming Lessons	Stroke Clinic	Step inserted
Tuesday		Swimming Lessons / Playtime 1/2 Pool	Swimming Lessons / Playtime 1/2 Pool	Swimming Lessons / Playtime 1/2 Pool	Depth change / Aquacise	DCC Lessons 1/2 pool / General 1/2 Pool		Step removal		Swimming Lessons	Swimming Lessons	Aqua Natal / Aquacise	
Wednesday		Swimming Lessons / Playtime 1/2 Pool	Swimming Lessons / Playtime 1/2 Pool	Swimming Lessons / Playtime 1/2 Pool	Depth change / Aquacise	Depth change / DCC Lessons / General 1/2 Pool		Step removal		Swimming Lessons	Swimming Lessons / Adult Lessons	Adult Lessons	Step inserted
Thursday		Swimming Lessons	Swimming Lessons / DCC Lessons 1/2 pool	Swimming Lessons / Qualitas	Depth change / Aquacise	Depth change / DCC Lessons / General 1/2 Pool		Step removal		Swimming Lessons	Swimming Lessons	Chesterfield Swim Club	
Friday		Playtime	Playtime	Playtime		DCC Lessons / Swimming Lessons		Step removal		Swimming Lessons	Swimming Lessons	Private Hire: Rykneld Synchro Club	Private Hire: Rykneld Synchro Club
Saturday		Swimming Lessons	Swimming Lessons	Swimming Lessons	Step inserted	General Swimming	General Swimming	General Swimming	General Swimming	Party Hire	Party Hire	Party Hire	Party Hire
Sunday		Swimming Lessons	Swimming Lessons	Swimming Lessons	Step inserted	Party Hire	Party Hire	Party Hire	Party Hire	Party Hire	Party Hire	Party Hire	Party Hire

Key to sessions

- Aqua based fitness classes: Aquacise, Aquanatal and Moving in Water suitable for all needs and abilities
- School Swimming Lessons: Derbyshire County Council / Qualitas
- General/Family Swimming, (0.9m depth unless stated) suitable for all and ideal for family fun sessions
- Playtime: general swim session with added floats and toys available for parents and toddlers up to age five
- Party Hire: Have a splashing fun time when you hire out our pool for your child's birthday parties. Main Pool inflatable parties also available
- Staff training: Pool closed for essential staff training exercises
- Swimming lessons: Available from 3 months old up to adults, contact courses-enquiries@chesterfield.gov.uk for more information

Our admissions policy:

Children under the age of 8 years old must be actively* accompanied into the changing rooms and swimming pools by a responsible adult over the age of 16 years.

The ratio of parent supervision for all children under eight should be 1:2. This ratio can be increased to 1:3 for the small pool and the main pool up to 1.2m water depth when a third non-swimmer child wears approved flotation aids carrying the CEN mark.

*Be within arms reach and able to provide immediate assistance.



1:2

Parent supervision ratio for children under eight should be 1:2



1:3

The ration can be increased when a third non-swimmer child wears approved flotation aids, e.g. armbands with CEN mark.

For more information on our centre and activities please visit www.chesterfield.gov.uk/leisure

CHESTERFIELD BOROUGH COUNCIL

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