

Queen's Park Sports Centre - Small Pool Programme Christmas Half Term

Programme may be subject to change at short notice.

	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Monday 23rd		Aquacise			General			Staff Training					
Tuesday 24th		General	General	General	Depth change	Aqua Aerobics							
Wednesday 25th													
Thursday 26th													
Friday 27th		General						Splash Session					
Saturday 28th							General			Party Hire			
Sunday 29th						General		Splash Session		Party Hire			

Key to sessions


- Aqua based fitness classes: Aquacise, Aquanatal and Moving in Water suitable for all needs and abilities
- General/Family Swimming, (0.9m depth unless stated) suitable for all and ideal for family fun sessions
- Party Hire: Have a splashing fun time when you hire out our pool for your child's birthday parties. Main Pool inflatable parties also available
- Staff training: Pool closed for essential staff training exercises
- Splash Session: fun family session aimed at those with young children. Session must be booked in advance

Our admissions policy:

Children under the age of 8 years old must be actively* accompanied into the changing rooms and swimming pools by a responsible adult over the age of 16 years.


The ratio of parent supervision for all children under eight should be 1:2. This ratio can be increased to 1:3 for the small pool and the main pool up to 1.2m water depth when a third non-swimmer child wears approved flotation aids carrying the CEN mark.

*Be within arms reach and able to provide immediate assistance.



1:2

Parent supervision ratio for children under eight should be 1:2



1:3

The ration can be increased when a third non-swimmer child wears approved flotation aids, e.g. armbands with CEN mark.

To book fitness classes or for more information on our activities please visit www.chesterfield.gov.uk/leisure

