

12 week course fees

25 minute lesson:
£84.00 (non member **£90**)

Direct Debit payments

25 minute lesson:
£29.17 (non member **£31.25**)

Please contact:

Queen's Park Sports Centre
Boythorpe Road, Chesterfield S40 2ND
Tel: 01246 345555

The Healthy Living Centre
Barlow Road, Staveley S43 3XR
Tel: 01246 345666

Email: Courses-enquiries@chesterfield.gov.uk

For further information about all our swimming lessons please visit our website at: www.chesterfield.gov.uk/swimlessons

For further information

If you're unsure of your child's ability, just contact our courses team to discuss.

Free recreational swimming for all children booked on to our courses at either of our centres when accompanied by a paying adult during the current course dates

Healthy Living Centre Pre School Swimming Lessons

Swimming Lesson Timetable

April 2024



For children aged 12 months to 3 years+

Introduce your child to the water at an early age assisted by an accompanying adult to help them gain water confidence and to begin the first steps of learning to swim.

Day	Time	Class	Teacher
Friday	9.45am	Discovery Ducklings 24-36 months	Rebecca L
	10.15am	Ducklings 3-4 years	Rebecca L
	10.45am	Discovery Ducklings 12-24 months	Rebecca L
	11.15am	Autism Parent Participation Ducklings ages 2+	Rebecca L

Day	Time	Class	Teacher
Saturday	8:15am	Discovery Ducklings 12-24 months	Rebecca L
	8:45am	Discover Ducklings 24-36 months	Linda
	9:15am	Ducklings 3-4 years	Rebecca L
	9:45am	Discovery Ducklings 12-24 months	Linda
	9:45am	Discover Ducklings 24-36 months	Rebecca L
	10:45am	Ducklings 3-4 years	Linda
	11:15am	Ducklings 3-4 years	Rebecca L
	11:15am	Ducklings 3-4 years	Rebecca C
	11:45am	Discover Ducklings 24-36 months	Rebecca L

Discovery Ducklings

Suitable for babies from 12 months to 36 months.

Introduce your baby to the water at an early age assisted by an accompanying adult which provides reassurance for the child and helps children to gain confidence in the water.

Ducklings

For children age 3 years+ to school age

Help them gain water confidence and to begin the first steps of learning to swim, with an accompanying adult.

These lessons are aimed at children who are old enough to follow instructions and can move on their own. They give the child more independence and start to build their confidence in water. These lessons will prepare children for continuing their swimming journey on the Learn to Swim pathway.

Autism Parent Participation Ducklings

For children aged two to four years old.

These sessions are designed to give your child a head start into their swimming lesson journey.

The class has a maximum number of six children to make this less overwhelming. The class takes place during a quieter time in the pool. An adult is required to be in the water with their child during the lesson. Classes will contain lots of fun games and songs for you and your little ones to get involved in.