

Queen's Park Sports Centre - Small Pool Programme 22 Dec to 28 Dec 2025

Programme may be subject to change at short notice.

		08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00
Monday 22 Dec	1		Aquacise				General		Step removal	Staff Training				
	2													
	3													
Tuesday 23 Dec	1			General	Qualitas Holiday Activities	Depth change	Aqua Aerobics	Depth change	General		Step removal		Aqua Natal	Aquacise
	2													
	3													
Wednesday 24 Dec	1													
	2													
	3													
Thursday 25 Dec	1													
	2													
	3													
Friday 26 Dec	1													
	2													
	3													
Saturday 27 Dec	1							General						
	2													
	3													
Sunday 28 Dec	1						General Swimming							
	2													
	3													

Our admissions policy:

Children under the age of 8 years old must be actively* accompanied into the changing rooms and swimming pools by a responsible adult over the age of 16 years.

The ratio of parent supervision for all children under eight should be 1:2. This ratio can be increased to 1:3 for the small pool and the main pool up to 1.2m water depth when a third non-swimmer child wears approved flotation aids carrying the CEN mark.

*Be within arms reach and able to provide immediate assistance.



1:2

Parent supervision ratio for children under eight should be 1:2



1:3

The ration can be increased when a third non-swimmer child wears approved flotation aids, e.g. armbands with CEN mark.

Aqua based fitness classes: Aquacise, Aquanatal and Moving in Water suitable for all needs and abilities

General/Family Swimming, (0.9m depth unless stated) suitable for all and ideal for family fun sessions

Staff training: Pool closed for essential staff training exercises

For more information on our centre and activities please visit
www.chesterfield.gov.uk/leisure



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