

# Queen's Park Sports Centre - Main Pool Programme 22 Dec to 28 Dec 2025

Programme may be subject to change at short notice.

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
Monday 22 Dec	CSC		Lanes	Lanes	Lanes		Lanes			Staff Training						
			Lanes	Lanes	Lanes											
			Lanes													
			General		General											
Tuesday 23 Dec	CSC		Lanes		Lanes		Lanes	Lanes		Lanes		Lanes			Chesterfield Tri Club	
			Lanes		Lanes			Lanes		Lanes		Lanes				
			Lanes												Lanes	
			General		General			General			General					
Wednesday 24 Dec																
Thursday 25 Dec																
Friday 26 Dec																
Saturday 27 Dec			Lanes		Lanes				Lanes							
			General		General				General							
Sunday 28 Dec			Lanes		Lanes				Lanes							
			General		General				General							

General/Family Swimming: suitable for all and ideal for family fun sessions

Lane Swimming: suitable for all abilities, open to members and non-members

Staff training: Pool closed for essential staff training exercises NPLQ Course

Chesterfield Swimming Club: private hire

Private Hire: Tuesday: Chesterfield Tri Club

Quieter sessions:  
Wednesday 3pm - 4pm general/lane swim  
Saturday 8.30am - 10.30am general swim

## Our admissions policy:

Children under the age of 8 years old must be actively\* accompanied into the changing rooms and swimming pools by a responsible adult over the age of 16 years.  
\*Be within arms reach and able to provide immediate assistance.

The ratio of parent supervision for all children under eight should be 1:2. This ratio can be increased to 1:3 for the small pool and the main pool up to 1.2m water depth when a third non-swimmer child wears approved flotation aids carrying the CEN mark.



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## Quiet Sessions

Our leisure centres offer quieter sessions for our swimmers. This is an opportunity to swim without music but does not guarantee silence from other users in this shared environment. These sessions can be ideal for anyone who experiences sensory overload, panic or anxiety in busy places or has an autistic spectrum condition. The quieter sessions may change during selected school holidays, so please check with us to avoid disappointment.

For more information on our centre and activities please visit [www.chesterfield.gov.uk/leisure](http://www.chesterfield.gov.uk/leisure)

